



STRATEGIC PARTNERSHIP (KEY ACTION 2)

RUR'up Project: *"Innovative education for sustainable development in peripheral rural areas RUR'UP"*

under the Agreement n° **2020-1-EL01-KA203-079121**

## Summer School Programme

### SUSTAINABLE DEVELOPMENT OF PERIPHERAL RURAL AREAS IN THE EU

Undergraduate, MSc and PhD Students

*17-23 July 2022, Pindos Greece*

Co-funded by the  
Erasmus+ Programme  
of the European Union



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## **Welcome**

*Welcome to Pindos area for a remarkable educational experience through RUR'UP Erasmus+ project.*

*Our summer school will take place in various parts of Western Thessaly's mountainous area (Mouzaki, Plastiras Lake, Kalabaka and Meteora) and will offer an excellent opportunity for trainees- PhD, postgraduate and undergraduate students – but also for professors to participate in field research, meetings with local stakeholders and producers.*

*Our ambition as RUR'UP team is to offer you the opportunity to acquire skills that can assist you in engaging stakeholders and encouraging participation of local actors. Since empowerment of local actors is essential for the formation of the social capital that is currently lacking in many peripheral rural areas*

*We are wishing you a pleasant stay and joyful international multi-disciplinary educational experience.*

## **LEARNING GOALS**

After completing the RUR'UP Summer School, the student should be able to:

1. Broad understanding of social, environmental, and economic characteristics of Peripheral Rural Areas in their regional contexts
  2. Insights into the participatory innovation process
  3. Awareness of the variety of existing innovations of relevance and their transferability across contexts
  4. Practice of international collaborative work, also with diverse stakeholders and in English
- New friends across Europe!

## **Program Overview:**

**Day 2:** Introductory Day - Get acquainted with the research area

**Day 3:** Participation and actors' choice

**Day 4:** Get acquainted with the Visioning process

**Day 5:** Innovation experiences – study field

**Day 6:** Reflection – Presentation of overall results

## COURSE CONTENT –programme

### Day 1: Sunday, 17 July

Arrival day

**16.00** (*approximate time of departure*) Transportation from Athens International Airport- El. Venizelos and Thessaloniki Airport “Makedonia” SKG to Mouzaki venue by coach specially booked for the LTTA Summer school participants

**21:30** welcome dinner offered by the Mayor of Mouzaki, Mr Theofanis Stathis

### Day 2: Monday, 18 July

#### Introductory Day - Get acquainted with the research area

**07:30-08:30** breakfast

**09:00-10:00** Opening, welcome and ice breaker

**10:00-10:45** Presentation of the Summer School: Programme, field trip, assessments,  
Students group breakdown

**10:45-11:00** coffee break

**11:00-11:30** Baseline assessment of Pindos PRA area presented by Greek students

**11:30- 13:30** **Groups** elaborate a **mind map** of the Greek PRA, compare the mind map of their country with the Greek, and discuss the similarities and differences with their countries' case studies.

**13:30-14:30** lunch at the Mouzaki Summer School Venue

**14:30-15:15** Transportation to Lake Plastira

**15:15- 17:30** Presentation/ Discussion of findings from the previous task by groups

**17:30- 19:30** Visit to Lake Plastira and the Botanical Garden.

**19:30– 20:15** Return to Mouzaki Summer School Venue

**20:30 – 21:00** Dinner at the Mouzaki Summer School Venue

**Day 3: Tuesday, 19 July****Participation and actors' choice**

**07:30-08:15** breakfast

**8:30-9:30** Trip from Mouzaki to Kalabaka

**9.30-9:50** KENAKAP Development Agency welcome presentation

**09:50-10:00** Introduction-Presentation from RUR'UP team on constructing the interview

**10:00-10:45** Each group will outline the information needed (general and specific) from the specific actors of each innovation. Draw up questions for one innovation of 3 innovations presented on the Summer School 5th day

**10:45-11:00** coffee break

**11:00-11:45** *Plenary Discussion*

Presentation of each group work - Collective discussion (Comments and additions) with the participation of the KENAKAP representative

**11:45-12:30** *Breakout groups Discussion* (Amendments and finalization of the information needed by each group)

**13:00 -14:00** lunch to Kalabaka Restaurant

**14:30 -17:00** visit to UNESCO World Heritage Meteora Monasteries

**17:00-18:00** departure to Mouzaki Summer School venue

**18.00-20.00** Resting time

**20.30 – 21.30** dinner at the Mouzaki Summer School Venue

**Day 4: Wednesday, 20 July****Get acquainted with the Visioning process**

**08:00-08:45** breakfast

**9:00-9:30 Means:** Watch the video about rural development that illustrates why and how a rural community can be engaged in visioning for its area

**9:30- 11:00 Groups** elaborate a Vision for Pindos PRA

**11:00 -11:15** Coffee Break

**11:15-13:30** Presentation of Vision constructed by each group  
peer-to-peer *Discussion – Q&A*

**13:30 -14:30** lunch

**20.30 – 21.30** dinner at the Mouzaki Summer School Venue

**Day 5: Thursday, 21 July****Innovation experiences – study field**

**08:00-09:00** breakfast

**09:30- 12:00** Innovation Presentations by a representative and discussion (in parallel)

1<sup>st</sup> innovation: Gralista farm, Ellinopyrgos, 2<sup>nd</sup> innovation: Cooperation of Greek Short-horn Breeders of Cattle, 3<sup>th</sup> innovation: Terra Thessalia

Coffee break

Discussion on the innovation process.

**12:00- 13:30** Group reflection on main findings of the work carried out so far (part 1 of 2).

**13.30-14.30** Lunch at the Mouzaki Summer School Venue

**18:00-19:30** Group reflection on main findings of the work carried out so far (part 2 of 2)

**19:30-19:45** Transportation to Kappa village and dinner in Hallili Agricultural Restaurant

**20:00-21:00** Dinner at Hallili Agricultural Restaurant

**Day 6: Friday, 22 July****Reflection – Presentation of overall results and lessons learnt**

**07:30-08:30** breakfast

**08.30 – 10.30** Synthesis over the course, collaborative work in groups and the whole course, using Flinga.

**10:30-10:45** coffee break

**10:45-12.00** Synthesis over the course, cont.

**12:00 -12:30** Finalizing portfolios and submission

**12:30-13:30** LTTA evaluation from students

**13:30 -14:30** lunch

**21.00 diner in the Mouzaki Palace Hotel**

*Students are welcomed to a farewell dinner with the participants of the greek Multiplier Event in the Mouzaki Palace Hotel*

**Day 7: Saturday, 23 July**

**06:30** Departure from Mouzaki Summer School Venue

*Departure for Athens International Airport- El. Venizelos and Thessaloniki Airport “Makedonia” SKG to Mouzaki venue by coach specially booked for the LTTA Summer school participants*